

# Homewood Parks & Recreation



## Homewood Youth Basketball League 2018-2019



**Play shall be in accordance with the official rules of Alabama High School Athletic Association manual except where otherwise specifically set forth in these rules.**

## Game Specifications Quick Reference

Age Group	Ball Size	Time Per Quarter	Goal Height	Free Throw Distance	Lane Violation
2 <sup>nd</sup> Grade Boys & 2 <sup>nd</sup> -3 <sup>rd</sup> Grade Girls	Girls HS (28.5)	10:00 <sup>1</sup>	8 Ft	10 Ft	5 Second
3 <sup>rd</sup> Grade Boys	Girls HS (28.5)	10:00 <sup>1</sup>	8 ½ Ft	10 Ft	5 Seconds
4 <sup>th</sup> Grade Boys	Girls HS (28.5)	10:00 <sup>1</sup>	9 Ft	12 Ft	5 Seconds
4 <sup>th</sup> -5 <sup>th</sup> Grade Girls	Girls HS (28.5)	10:00 <sup>1</sup>	9 ½ Ft	12 Ft	5 Seconds
5 <sup>th</sup> Grade Boys	Girls HS (28.5)	10:00 <sup>1</sup>	10 Ft	12 Ft	5 Seconds
6 <sup>th</sup> -7 <sup>th</sup> Grade Girls	Girls HS (28.5)	10:00 <sup>1</sup>	10 Ft	15 Ft	3 Seconds
6 <sup>th</sup> -7 <sup>th</sup> Grade Boys	Boys HS (29.5)	10:00 <sup>1</sup>	10 Ft	15 Ft	3 Seconds

1 – Clock stops on time outs and last minute of each quarter.

### **Player Participation**

- If this rule is broken, coaching status will be in jeopardy and subject to forfeit of games, suspension and possible expulsion from coaching youth basketball.

#### **Minimum Participation Rules:**

- **All Age Groups**
  - All players must play a minimum of 3 minutes per quarter
  - Players that do not start the game are required to start the 3<sup>rd</sup> quarter
  - All players are required to sit out a minimum of 4 minutes per game
- A coach is allowed to substitute freely as long as it doesn't jeopardize the player participation rule.
- This is a recreational league and player development is more important than wins and losses. The participation rules are set strictly as a minimum and players are expected to be played more than the minimum throughout the season. Coaches that continually play players at the minimum time requirements will be subject to suspension and possible expulsion from coaching youth basketball.
  - Practice Attendance: Practices are an important part of youth sports programs, but cannot be made mandatory in a recreational setting. It is usually not the child's fault when they miss practice and they are not to be punished by not playing. If a player on your team is consistently

absent from practice without excuse, try to talk to the players parents to see why the player is not attending practices.

## **Game Time, Timeouts and Overtime**

- Time between quarters will be 1 minute and a 3 - 5 minute half-time break will occur
- Each team will have (3) Full timeouts per game. One additional timeout will be issued in the event of overtime. Timeouts not used in regulation play will not be added to the additional timeout for overtime periods.
- **Regular Season:** OT periods will be played for two minutes each. A maximum of two OT periods will be played before sudden death (no clock, first to score wins).
- **Playoffs:** OT periods will be played for two minutes each. A maximum of three OT periods will be played before sudden death. However, there will be no sudden death in championship games.
- Foul shots will be determined by total team fouls.

## **Other Rules (Applicable to all age divisions)**

- Violations of pressing rule will result in a warning by the official and recorded in the official scorebook. The second and reoccurring violations will result in a technical foul.
- **Bonus Free Throws:**
  - 7 team fouls each half is a 1 and 1.
  - 10 team fouls each half is a double bonus 2 free throws for all age divisions
- Although some age divisions will use shorter free throw line; all lane violations will be called using the regulation size lane for all age divisions.
- All Technical fouls will automatically be rewarded with 2 points in lieu of free throws and possession of the ball.
- All bench technicals will be charged to the head coach. Two technicals will result in ejection from the game and gym. If a coach or player gets ejected from a game, they will have a 2 game suspension.
- If a player or coach is ejected twice in a season, they will be suspended for the remainder of the season.
- Technical fouls on the bench will result in the head coach and assistant coaches sitting for the remainder of the game. **No exceptions**
- **Mercy Rule:** the clock will not stop as long as a team is ahead by 20 or more points.
- No jewelry (including rings, wristbands, bracelets, necklaces, etc.) is to be worn during games.

## Specific Rules by Age Division

- **2<sup>nd</sup> - 3<sup>rd</sup> Grade Boys & Girls Divisions**
  - Pressing rule: NO Press Defense
  - Defense: Zone or man-to-man is allowed
  - Not allowed to double team offense beyond three point arch.
  - Line up beginning at the lower block for foul shots.
  - **During the final minute of the game the clock will not start until the basketball crosses midcourt after a made basket or dead ball situation.**
  
- **4<sup>th</sup> - 5<sup>th</sup> Grade Boys & Girls Divisions**
  - Pressing rule: pressing is allowed only in the last 4 minutes of the 2<sup>nd</sup> & 4<sup>th</sup> quarters. If team is ahead by 10 points or more they are not allowed to press.
  - Line up beginning at the lower block for foul shots.
  
- **6<sup>th</sup>-7<sup>th</sup> Grade Boys Division**
  - Pressing rule: pressing is allowed the entire game. If team is ahead by 10 points or more they are not allowed to press.

## Coaches

- Coaches are expected to conduct themselves as examples for our children.
- Coaches are responsible for controlling the behavior of his/her team as well as parents of the players. Failure to do so may result not only with a technical foul, but also suspension of parents, players and/or coaches.
- Coaches will accept the decisions of the game officials as being fair and to the best of each official's ability and judgment.
- Any complaints about the officials should be directed to the league director to handle in the appropriate manner.

## **Player Eligibility**

- A player's age division is determined by their grade level of the current school year.
- A player participating in organized school basketball is not allowed to participate in the Homewood Parks and Recreation Basketball League.
- All players must be registered with signed consent/release paperwork
- Use of a non-registered player will result in a forfeit of each game the player participates.

## **End of Season Playoffs**

- All teams will make the playoffs
- Brackets will be based on the number of teams in your division.
- Game times and location to be determined by the Parks and Rec Dept
- Seedings will be based on regular season record
- Tie breaking scenario below:
  - Head to Head competition
  - Record against common opponents
  - Record against highest seeded common opponent
  - Scoring margin against highest seeded common opponent.

**Note:** If there is tie between 3 or more teams, once a team is eliminated based upon the criteria above, if a tie remains between the remaining teams, we will start back with criteria no. 1 to determine the tie breaker. For example, if there is a tie between 3 teams that is not decided by criteria 1 (head to head), then when one team is eliminated following the criteria above, then the tie between the remaining 2 teams will be decided by going back to head to head competition and we will go down the list until the tie is broken again.

## **Final Notes**

What parents and coaches can do to help players have a rewarding experience this season:

- Administer large, frequent doses of positive encouragement
- Support all players on your team and show respect for opponents
- Put child first and winning second
- Help teach players to respect officials by setting good example
- Remember the primary purpose is each child's participation; not adult entertainment.

# Warning

All warm-up and game balls will be supplied by Homewood Park.

Bringing a ball from home will result in a technical foul for your team.