

Homewood Community Center

Weekly Class Schedule

Updated:03-12-2019

F1 = Fitness Studio 1
F2 = Fitness Studio 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
360 Personal Trainer Bootcamp 5:30am-6:30am		360 Personal Trainer Bootcamp 5:30am-6:30am		360 Personal Trainer Bootcamp 5:30am-6:30am	
F2 - Dance Trance 9:30am-10:30am		F2 - Dance Trance 9:30am-10:30am		F1 - YoLIMBER Yoga 9:30am - 10:30am	F2 - Dance Trance 9:30am-10:30am
	Event Rm - Girls on the Run 3 :00pm-4:30pm School Year Class	Event Rm - Confidance 3 :00pm-4:30pm	Event Rm - Girls on the Run 3 :00pm-4:30pm School Year Class		F2 - Fast Track Line Dance 11:00am-1:00pm
F2 - North Star Karate 3:30pm-4:05pm Tiny Tigers	F1 - Struttin Show-offs 3:30pm-6:45pm		F2 - North Star Karate 3:30pm-4:15pm Beginner Class		
F2 - North Star Karate 4:15pm-5:15pm Beginner Class	F2 - North Star Karate 3:30pm-4:15pm Beginner Class	F1 - Young Rembrandts Drawing Classes 3:30pm-4:30pm School Year Class			
F1 - Claire Goodhew Ballet 3:00pm-4:45pm School Year Class	F2 - North Star Karate 4:15pm-5:15pm Advanced Class	F2 - North Star Karate 3:30pm-4:05pm Tiny Tigers	F2 - North Star Karate 4:15pm-5:15pm Advanced Class		Sunday
	F2 - Dance Trance 5:45pm-6:45pm	F2 - North Star Karate 4:15pm-5:15pm Beginner Class	F2 - Dance Trance 5:45pm-6:45pm	F2 - North Star Karate 4:00pm-7:30pm	F2 - Dance Trance 1:30pm-2:30pm Select Sunday's
F2 - North Star Karate 5:45pm-6:30pm Special Needs Class	F2 - Belly Dancing Intermediates & Advanced Class 7:00pm-8:30pm	F2 - North Star Karate 5:45pm-6:45pm Adults Only Class	F1 - M3 Endeavors 6:00pm-8:00pm		F2 - North Star Karate 3:00pm-6:00pm
F1 - Belly Dancing Beginner Class 7:00pm-8:00pm				F2 - Dance Trance 7:00pm-8:00pm Select Friday's	
F2 - North Star Karate 6:30pm-7:30pm Black Belt Training					

* Classes are subject to change without notice *

Go to: www.homewoodparks.com for additional information about classes